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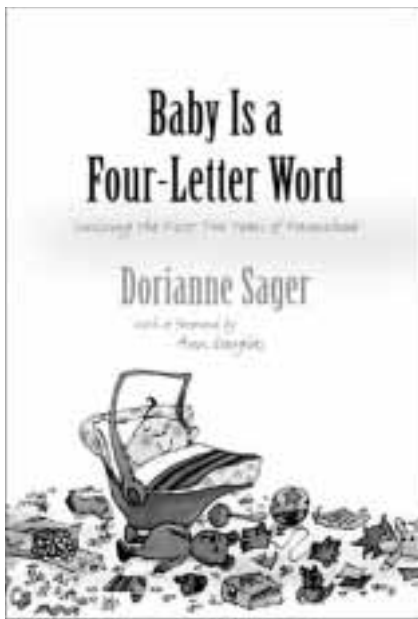
# Lifestyles

"Baby is a four-letter word"

## Writer will sign books at West Wings

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**Stirling-Rawdon** - Writer Dorianne Sager, daughter of John and Marilyn Sager who have the strawberry farm at Sager's Corners, Stirling, is coming to West Wings for a book signing on Saturday, May 13, at 11 a.m.



■ Dorianne Sager, author of *Baby is a Four-Letter Word, Surviving the First Two Years of Parenthood*, will be at West Wings on Saturday, May 13, at 11 a.m. to sign copies of her book.

The book is her humorous account of surviving two years of parenthood, *Baby is a Four-Letter Word*.

The book is based on the column she wrote for the *Vancouver Sun*, *Baby Steps*.

"I don't have any expert advice on parenting to give; if I did I would be sleeping more than four hours a night," said Sager. "What I do have to offer is the ability to laugh about these early years: the endless crying, the pails of dirty diapers, the pains of breastfeeding, the effects of sleep deprivation, and the peaks of utter helplessness and pure joy that make up the mess of motherhood."

She writes about the need to laugh at ourselves and at our children because as she says, laughter keeps us going when the realities of parent-

hood start to feel overwhelming. What we all share in common is the need to laugh—at ourselves and at our children—because laughter is what keeps us going when the reali-

ties of parenthood start to feel overwhelming.

"Dorianne hasn't written an advice book," said her father John Sager. "It is rather an account of the fun of being a parent."

Dorianne Sager and her family are moving from the west coast to Kingston and she is stopping off on the way to promote her book and meet her readers.

*Baby is a Four-Letter Word: Surviving the First Two Years of Parenthood* is published by Key Porter Books and is available at West Wings, Stirling, as well as other local outlets.

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## New at the library

by Sue Winfield, Assistant Librarian, Stirling-Rawdon Public Library

James Patterson's *Beach Road*, takes the reader into the world of East Hampton, where Tom Dunleavy runs a law firm, helping people who work for the rich.

After an elderly woman is found murdered, Sheriff Dan Rhodes is tasked with solving the case, but when people begin talking about the suspect being Bigfoot, will he ever be able to solve this? Read *A Mammoth Murder* by Bill Crider.

It's been six years since Myron Bolitar last played superhero. In *Promise Me*, by Harlan Coben, that is all about to change because of a promise Myron made to two neighborhood girls.

If you're planning a trip out west, you will want to check out *The Canadian Rockies* by Brian Brennan. This book contains information and tips on everything from the best place for accommodations to the restaurants you just cannot miss dining in.

*Angels of Death: Inside the Bikers' Global Crime Empire*, by William Marsden and Julian Sher, is a disturbing and chilling look at the expansion of the outlaw biker gangs and criminal networks they encompass.

If you are a hockey coach, *Hockey-ology*, by Kevin Vincent Huhn, is a book you may want to read. It is considered the ultimate guide to fun and success for minor hockey.

*The Revenge of Gaia*, by James Lovelock, passionately explores issues surrounding the environment.

Thinking about renovating that basement, attic or garage? Check out *Ultimate Guide to Basements, Attics and Garages*. This book provides step-by-step projects for adding space without adding on.

*Ultimate Guide to Masonry and Concrete* shows how to design and build the most popular masonry projects, including walkways and patios.

Inspired by a community of quilters,  
*Continued on next page*

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